

VENERABLE GESHE KELSANG GYATSO RINPOCHE

50 YEARS
OF SUPREME KINDNESS

Kadampa Temple for World Peace

MANJUSHRI KADAMPA MEDITATION CENTRE

International Centre for Modern Buddhism Aug 2026-Aug 2027 ༄ Everyone welcome

Manjushri KMC is the mother centre of a worldwide network of modern Kadampa Buddhist centres founded by Venerable Geshe Kelsang Gyatso Rinpoche, who for over 40 years guided every aspect of the centre's development. It is a special place dedicated to world peace: a place where everyone can find their own inner peace, solve their problems and help others do the same – and thus help to create peace throughout the world.

Manjushri KMC offers courses and classes in Buddhist meditation on a local, national and international level to people of all ages and all walks of life, presenting the original teachings and meditations of Buddha in a contemporary form that is easy for people to understand and practise, making them fresh and accessible.

By integrating the practices of Kadampa Buddhism into our everyday life, we can solve all our daily problems and experience lasting peace and happiness. Finding peace and happiness for ourselves so that we can share it with others is the very essence of the Kadampa Buddhist way of life. Manjushri KMC is open to everyone.

You can take part in daily meditation classes, evening classes, day retreats, weekend meditation retreats, in-depth study programmes and international meditation festivals – all contained in this brochure – or drop in as a visitor to enjoy this peaceful place.

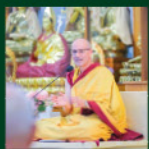
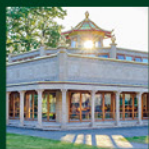
Those who wish are welcome to help with a small task during events, offering a simple way to contribute and be involved in the life of the centre.

30
The First Kadampa
Temple For World Peace
Celebrating 30 years of
benefiting the public

'... if we want true, lasting happiness
we need to develop and maintain a
special experience of inner peace.'

Venerable Geshe Kelsang Gyatso Rinpoche
How to Transform Your Life





SO



MUCH



TO



SEE!



EVERY ONE WELCOME

Open to the public year-round, except for the International Spring, Summer and Fall Buddhist Festivals, Manjushri KMC offers a unique experience to visitors coming just for the day or staying over for a relaxing break.

Family and dog-friendly, everyone is welcome at Manjushri KMC.

Enjoy the magnificent setting in 70 acres of wooded grounds on the shores of Morecambe Bay, with stunning views from the beach of the Lake District mountains.

Soak up the peace and see the beautiful statues in the Temple for World Peace – and enjoy a free, guided, 15-minute meditation.

Visit the World Peace Café, open daily for light refreshments, and the adjacent shop with its unique range of gifts, cards and Buddhist books and statues.

FOUNDER & SPIRITUAL GUIDE
Venerable Geshe Kelsang Gyatso Rinpoche

50 YEARS
OF SUPREME KINDNESS

This year it is 50 years since Venerable Geshe Kelsang Gyatso Rinpoche, our dearly loved Spiritual Guide and Founder of the New Kadampa Tradition, first arrived at Manjushri KMC.

Known affectionately as 'Venerable Geshe-la', he was resident here for over 30 years, and showed the manner of passing away in September 2022.

A world-renowned meditation master and the celebrated author of 23 books on all aspects of Buddhism, he presents clearly the pure essence of Buddha's teachings in ways that anyone, regardless of nationality, culture or age, can easily understand and apply to their busy, modern, daily lives.

Applying Venerable Geshe-la's life-transforming teachings, people throughout the world are finding practical solutions to their personal problems and discovering deep and lasting inner peace and happiness.

Inspired by his extraordinary vision, Buddhist Temples and centres are developing in many countries worldwide, offering teaching, meditation and Teacher Training programmes. He has created, for this and future generations, a truly international Buddhist tradition that benefits all living beings equally and without discrimination.

Through his compassionate wisdom and selfless example, Venerable Geshe-la has touched the hearts of so many people. Every aspect of the life of this centre – the study and meditation programmes, the World Peace Temple, the international publishing company, the Kadampa Art Studio, and the community of sincere lay and ordained Buddhist practitioners – is a manifestation of the loving heart of this remarkable holy being.

'Developing compassion and wisdom and helping those in need whenever possible, is the true meaning of life.'

Venerable Geshe Kelsang Gyatso Rinpoche
The New Eight Steps to Happiness



GEN-LA KELSANG JAMPA

NKT-IKBU GENERAL
SPIRITUAL DIRECTOR
& RESIDENT TEACHER



Gen-la Jampa is an internationally renowned, ordained Buddhist Teacher who is the General Spiritual Director of the New Kadampa Tradition - International Kadampa Buddhist Union (NKT-IKBU), and Resident Teacher at Manjushri KMC.

Gen-la Jampa has been a student of Venerable Geshe Kelsang Gyatso Rinpoche for over 25 years, sincerely training under Venerable Geshe-la's guidance in all aspects of Kadampa

Buddhism. He has taught at many centres, and at Festivals and Dharma Celebrations. In addition to his responsibilities at Manjushri KMC, he teaches extensively at major events around the world.

Gen-la Jampa is well-loved and respected for his clear, practical and inspiring teachings, and for his ability to touch people's hearts through his sincerity and loving-kindness.

Study & Meditation Programmes at the Centre

At the heart of modern Kadampa Buddhism are three special study and meditation programmes designed by Venerable Geshe Kelsang Gyatso Rinpoche:

- General Programme
- Foundation Programme
- Teacher Training Programme

These programmes help us to develop our wisdom, cultivate a good heart and maintain a peaceful state of mind. As you will see in the following pages, the General Programme at Manjushri KMC offers a wide range of events suitable for everyone, from regular evening classes and entry level courses to Tantric empowerments and long retreats. To find out more, visit our website at: manjushri.org/study



'An amazing place,
so peaceful. Just what
I need to recharge.'

VISITOR

public talks in The Temple For World Peace with Gen-la Kelsang Jampa – everyone welcome!

- Practical advice for busy life
- Guided meditations for greater peace of mind
- Enjoy the beautiful grounds, stay for lunch or relax in the World Peace Café

These public talks will be followed by a short series of teachings and meditations on the same theme in the Tuesday night classes and local areas



peace is possible

13 September 2026

In our world there is so much conflict, and even in our personal lives we often find it difficult to maintain harmonious relationships with others. We might wonder whether peace is possible. It definitely is, but first we need to establish it within our own mind.

'Without inner peace,
outer peace is impossible.'
Venerable Geshe Kelsang Gyatso Rinpoche

how to be happy

7 February 2027

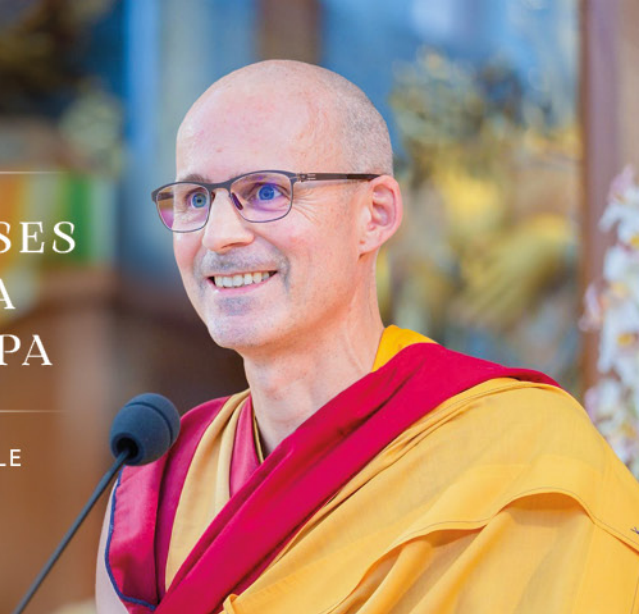
From a young age we receive an education and, throughout our life, we learn many different skills and technical subjects. However, we have never learnt how to be happy all the time, even though this is our deepest wish.

At this public talk Gen-la Jampa will explain what true happiness is and how to find it in our own heart.



EVENING CLASSES WITH GEN-LA KELSANG JAMPA

IN THE KADAMPA TEMPLE
FOR WORLD PEACE



TUESDAY EVENINGS

MEDITATION FOR EVERYONE 7.30 - 9 PM

These drop-in evening classes teach how to solve our daily problems and find a happier way of life by learning to change three things – our perspective, our goals and our actions – through meditation.

Essential practical advice for everyone.

Perfect for beginners.

[See website for course topics and class dates](#)

WEDNESDAY EVENINGS

ADVANCED MEDITATION CLASS 7.30 - 9 PM

Gen-la Jampa will focus on Geshe Kelsang Gyatso's book *Mahamudra Tantra*, a clear and simple manual for practising Mahamudra Tantra – the quick and profound method for uncovering the deepest levels of peace and happiness within our own mind.

Find out more about the practical application of Buddhism and meditation.

[See website for class dates](#)



15 MINUTE MEDITATIONS

Every day 12.30 PM and 2 PM

A short, guided meditation
in the Temple for World Peace.

FREE

LOCAL CLASSES



Kelsang Malaya
Ambleside & Millom



Paul Boseley
Silverdale



Kelsang Changchen
Grange-over-Sands



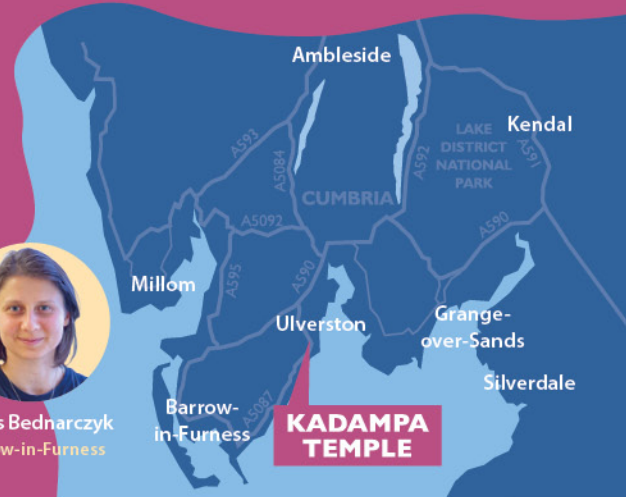
Hank Ford
Kendal



Agnes Bednarczyk
Barrow-in-Furness

WEEKLY CLASSES IN LOCAL TOWNS

Visit manjushri.org/meditation-classes-in-local-towns



WEDNESDAY MORNING MEDITATION CLASS

Wednesdays 10 - 11 AM
with Buddhist teacher Alan Hughes

Take some time to cultivate inner peace and happiness at the start of the day. Enjoy a session of guided meditation and teachings, concluding with a complimentary tea or coffee. Classes are held in the main priory building.

Everyone is welcome.



PRAYERS FOR WORLD PEACE

Sundays 10.30 - 11.45 AM Held in the Temple for World Peace

Meditation Class

Including a short teaching, guided meditations and inspiring prayers, this class is a way to make a positive contribution to the world.

FREE



KIDS' CLUB Monthly Classes

Sundays 10.30 - 11.45 AM

Family fun with meditations, games, stories and activities.

Children will be gently guided in relaxing meditations and fun activities, giving them techniques to gain confidence, focus and consideration for others.



Clear and Joyful Meditation:

training
in tranquil
abiding

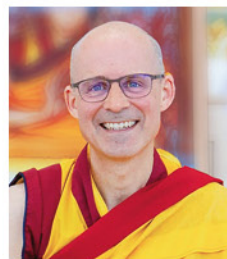


The Great Middle Way, Emptiness:

realizing the things
we normally see
do not exist



Bodhisattva Vow Ceremony & Teachings on the Perfection of Concentration with Gen-la Kelsang Jampa



November 27 - 29 2026 Bodhichitta and the wisdom directly realizing emptiness are like the two wings of a bird that can carry us to our destination, the ground of enlightenment. To realize emptiness directly, we need to attain tranquil abiding. When we have attained tranquil abiding, our concentration cannot be disturbed by conceptual thoughts. With this pure concentration, we can swiftly accomplish the ultimate goal of human life.

November 29 - December 1 The course will be followed by a short retreat with Gen Kelsang Devi, Resident Teacher of KMC Switzerland and Kailash IRC

The Blessing Empowerment of Great Mother Prajnaparamita & Teachings on the Correct View of Emptiness with Gen-la Kelsang Jampa

February 26 - 28 2027 The realization of emptiness – ultimate truth – is a universal remedy, a panacea, because it is the only experience that alone solves all our problems. However, to realize emptiness we must precisely identify its negated object - the things we normally see. During this course, Gen-la Jampa will share advice and explanations he received from Venerable Geshe-la regarding the meaning of this very blessed instruction.

February 28 - March 2 The course will be followed by a short retreat with Gen Kelsang Eupamé, National Spiritual Director of France and Resident Teacher of KMC France



DAY RETREATS A single day can make a real difference!

Take a break from your routine and spend a day nourishing your mind and heart in the peaceful environment of Manjushri Kadampa Meditation Centre. Our Day Retreats offer a simple yet powerful way to experience the benefits of meditation: inner calm, clarity and happiness. Through inspiring talks and guided meditations, you'll discover practical methods for dealing with everyday challenges and living with greater peace and joy. Whether you're new to meditation or looking to reconnect with your practice, a Day Retreat is a refreshing opportunity to reset and return to daily life with renewed energy and focus.



Finding the Balance

September 19 with Kelsang Tsalden



Life as a Spiritual Journey

October 24 with Kelsang Norbu



Accepting Change & Loss

March 20 with Kelsang Sama



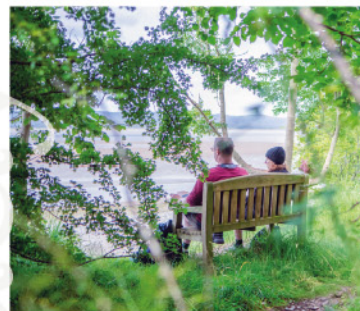
Becoming Calm & Confident

May 15 with Paul Boseley



Letting Go of Negative Emotions

June 19 with Kadam Rosy McDaniel,
Resident Teacher of KMC Lancaster



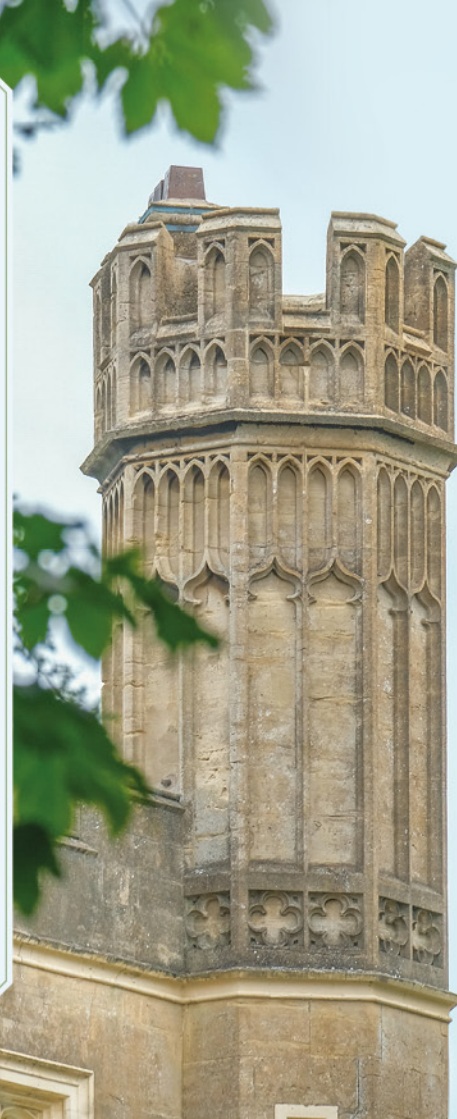
WEEKEND MEDITATION RETREATS

A weekend away can open the door to lasting inner peace.



Our Weekend Meditation Retreats offer a unique opportunity to find peace of mind, gain a fresh perspective and explore practical ways of thinking for a happier, more meaningful life.

Through a combination of talks, contemplations and guided meditations, you'll discover new approaches to thinking and living that bring clarity and joy. There will also be time to enjoy the peaceful environment and beautiful natural surroundings of Manjushri Kadampa Meditation Centre. Whether you're new to meditation or looking to deepen your practice, these retreats provide a welcoming space to pause, reflect and reconnect with what matters most.



Learning to Relax

September 25 - 27

with Kelsang Zoma

Deputy Manager of Kadampa Internet



Taming our Busy Mind

October 30 - November 1

with Kadam John McBretney

Resident Teacher of Heruka KMC, London



Meditations for Healing Body & Mind

March 12 - 14 with Gen Kelsang Chogma

Resident Teacher of Atisha KMC, Darlington



Enjoying Inner Space

April 23 - 25

with Kadam Lucy James

Resident Teacher of KMC London



Love, Desire & Relationships

June 11 - 13 with Gen Kelsang Norden

Resident Teacher of Compassion KMC, Newcastle



SUMMER RETREAT

Freedom within ~ discover lasting peace through meditation

August 27 - 30, 2027 with Gen Kelsang Nyingpo, Resident Teacher of KMC Reading

Searching for happiness outside ourselves is exhausting and leaves us dissatisfied. Trying to control every detail of life in order to be happy feels overwhelming. Buddha taught that we can rest from this endless search and discover liberation and freedom through meditation. On this special retreat, we will look at step-by-step methods to use meditation so that each one of us can find this happiness inside our own hearts in our modern, daily lives. Everyone is welcome.



FAMILY WEEKEND

How to Improve our Sharing

April 30 - May 3 A chance for families to meet, have fun and enjoy a joyful weekend with a difference! With guided meditations, team activities, games and much more, this is a chance for all the family to learn to improve our generosity and the many wonderful ways we can joyfully practise giving.

MINI RETREAT BREAKS

RECHARGE YOUR BATTERIES

Step away to another world and hit pause on the endless stress and busyness of daily life in peaceful and blessed surroundings.

Enjoy a gentle, guided meditation to relax and unwind when you arrive, with meditations to uplift and inspire the following morning.

There is ample time for peaceful woodland walks to the shores of Morecambe Bay, quiet reflection in the gardens, or time with others in the Café.

Return home energized and refreshed, with a clearer perspective on life and renewed joy.

October 2 - 3

November 13 - 14

December 11 - 12

April 9 - 10

May 7 - 8





CHRISTMAS COURSE

A Heart Full of Peace

December 24 - 28

with Gen Kelsang Tubchen,
Resident Teacher of KMC Edinburgh



This Christmas, enjoy a peaceful retreat focused on the Kadampa meditation practice of taking and giving.

Through this profound practice we learn to open our hearts, transform difficulties into compassion, and experience deep inner healing.

Whether you're new to meditation or experienced, this is a special opportunity to enjoy a meaningful Christmas in a peaceful spiritual environment, with guided meditations, teachings, and a vegetarian Christmas dinner shared with the community.

Join us this Christmas and discover how a heart filled with love and compassion naturally becomes a heart filled with peace.

NEW YEAR'S CELEBRATION

with Gen-la Kelsang Jampa



Cultivating the
Inner Wealth
of Compassion
December 31

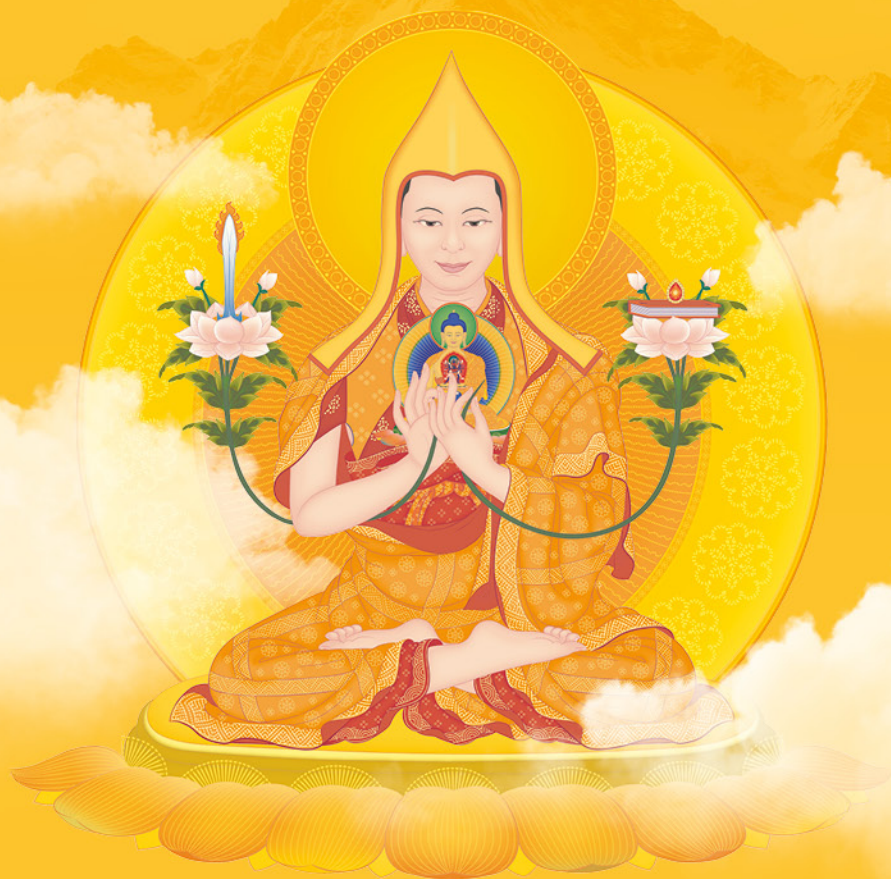
Begin 2027 with the jewel-like minds of love and compassion. Of all virtues, compassion is supreme because it frees our mind from negativity and all harmful thoughts.

Therefore, by learning always to act towards others with a compassionate and caring attitude, we can solve our daily problems and enjoy a truly happy and meaningful New Year!

Everyone is welcome to this peaceful and joyful evening in the company of spiritual friends. Refreshments and festive treats will be served.



THE JANUARY RETREAT



Every year for the month of January, Manjushri KMC goes into retreat mode. This offers a precious opportunity to enjoy in-depth retreat in the Temple for World Peace, blessed by Venerable Geshe Kelsang Gyatso Rinpoche, who taught, prayed and granted empowerments there for many years. It is difficult to find a more blessed place to engage in retreat.



Migtsema Prayer Close Retreat

- DRAWING CLOSE TO GURU TSONGKHAPA -

2 - 31 JANUARY 2027 WITH GEN-LA KELSANG JAMPA

The Purpose To increase our faith in Je Tsongkhapa and receive his special blessings. In this way we can accomplish the realizations of Lamrim, Lojong and Mahamudra - the heart of Je Tsongkhapa's doctrine and the very essence of Buddhadharma. For this reason, the *Migtsema* Prayer is very important for fulfilling one's own and others' wishes.



Virtuous Action To engage in either a close retreat of time or numbers in conjunction with *King of the Dharma* sadhana.

Blessed Location In the Kadampa Temple for World Peace, Manjushri Kadampa Meditation Centre, UK.

Spiritual Company Faithful Kadampa practitioners from around the world.

Break the Cycle of Suffering:

INSIGHTS INTO THE WHEEL OF LIFE
AND TWELVE DEPENDENT-RELATED LINKS



EASTER WEEKEND COURSE

March 26 - 29 2027 with Gen Samten Kelsang
Resident Teacher at KMC New York

Contemplating and meditating on the Wheel of Life reveals the entire path to liberation and enlightenment. By depicting the twelve dependent-related links, it reveals the mechanism of precisely why we suffer and how to free our mind from this endless cycle of suffering. In this experiential course, Gen Samten Kelsang will guide us to gain insight into the twelve dependent-related links and how practically to integrate this wisdom into our daily life.

Everyone welcome!



HOME OF
THARPA PUBLICATIONS



VISIT OUR BOOKSHOP

Discover the collected works of the visionary Buddhist Master and Teacher, Geshe Kelsang Gyatso. His accessible books form the foundation of all meditation courses, classes and retreats at Kadampa Meditation Centres worldwide.

Visit our Tharpa Bookshop and take a piece of Manjushri KMC home with you, returning with pages of wisdom and inspiration. In an increasingly turbulent world, these books are genuine guides helping you find real meaning and peace of mind.

Browse the shop here, or online at tharpa.com – you're sure to find a book that resonates with you.





Offering Our Faith



*Celebrating the great kindness of
Venerable Geshe Kelsang Gyatso Rinpoche*

Special days of retreat in the Temple at Manjushri KMC

June 4 *Venerable Geshe-la's Birthday & Turning the Wheel of Dharma Day*

Every day we remember the extraordinary kindness of Venerable Geshe-la, our Root Guru and Founder of the New Kadampa Tradition, but on this auspicious day, with minds of rejoicing and gratitude, we will offer him our faith by using the special prayer *Request to the Holy Spiritual Guide Venerable Geshe Kelsang Gyatso Rinpoche from his Faithful Disciples* and collecting his name mantra in a one-day retreat. We will also engage in this special day retreat on **April 3** - NKT Day.

FOUNDATION PROGRAMME

Currently studying *How to Understand the Mind* with Gen-la Kelsang Jampa Mondays 7 - 9 PM



The *Foundation Programme* (FP) provides an opportunity to engage in systematic study and meditation on the essential subjects of Mahayana Buddhism based on six books by Venerable

Geshe Kelsang Gyatso Rinpoche. Participants can enrol for one book at a time.

The emphasis in the classes, which consist of teachings, meditation and discussion, is on gaining practical experience of Buddha's teachings that you can apply to your daily life.

A perfect way to go a bit deeper with your studies.

For more information, and to apply for either of these programmes, please visit: manjushri.org/study

TEACHER TRAINING PROGRAMME

Currently studying *The Bodhisattva Vow* with Gen-la Kelsang Jampa Sundays, Mondays & Tuesdays

The purpose of the *Teacher Training Programme* (TTP) is to provide a more extensive presentation of particular subjects of Mahayana Buddhism, to enable practitioners to deepen their knowledge and experience of Buddhism and to train as qualified New Kadampa Tradition teachers.

Studying this book with Gen-la Jampa offers a wonderful opportunity to learn how to live a more compassionate way of life that leads to ultimate happiness for oneself and others.

The NKT also offers the *Special Teacher Training Programme* (STTP), in which even those who do not wish to train to become teachers can join.

ADVANCED RETREATS

Summer Lamrim Retreat Aug 28 - Sep 4, 2026

Guru Yoga & Mandala Offering Retreat Nov 20 - 26, 2026

Amitayus Retreat Feb 12 - 14, 2027

Vajrasattva Retreat Feb 19 - 25, 2027

Nyungnay Purifying Ritual Practice Apr 13 - 15, 2027

Guru Yoga & Mandala Offering Retreat Jun 18 - 24, 2027

INTERNATIONAL FESTIVALS



VENERABLE GESHE KELSANG GYATSO RINPOCHE
50 YEARS
OF SUPREME KINDNESS

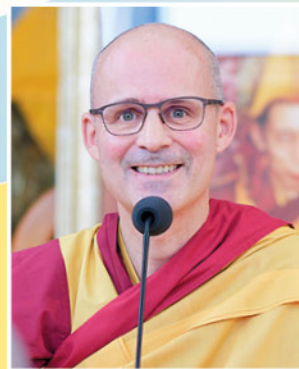
Celebrating 50 Years of Venerable
Geshe-la's Supreme Kindness

In 2027, we are delighted to commemorate the wonderful occasion of Venerable Geshe Kelsang Gyatso Rinpoche's arrival at Manjushri Centre in 1977. The three International Festivals during this special 50th anniversary year will focus on celebrating fifty years of Venerable Geshe-la's kindness in every aspect of our spiritual life.



The Festival Teachers

Each year, the three International Festivals are taught by senior teachers of the NKT



Gen-la Kelsang Jampa

is the General Spiritual Director of NKT-IKBU and the Resident Teacher of Manjushri KMC.

He is an internationally renowned, ordained Buddhist teacher, who has been a student of Venerable Geshe Kelsang Gyatso for many years.

He is well-loved for his clear and inspiring teachings and his ability to touch people's hearts through his loving-kindness.



Gen-la Kelsang Sangden

is the Deputy Spiritual Director of NKT-IKBU, the National Spiritual Director of Mexico, Colombia, Nicaragua, and Peru, and the Resident Teacher of KMC Mexico.

She is widely admired for her joyful, practical and clear approach to integrating modern Buddhist practices into everyday, busy lives.



Gen-la Kelsang Dekyong

is a Retired General Spiritual Director of NKT-IKBU.

She has been a student of Venerable Geshe Kelsang Gyatso Rinpoche for over forty years, sincerely training under his guidance in all aspects of Kadam Dharma. She is recognized as a fully qualified Dharma teacher of both Sutra and Tantra.

NKT-IKBU
INTERNATIONAL

Fall Festival 2026



October 9 - 15

Our Real Heart Jewel Je Tsongkhapa Empowerment
Teachings on Faith in Guru Tsongkhapa and the blessed practice
of the *Migtsema* Request Prayer with Gen-la Kelsang Dekyong

During the Fall Festival 2026, Gen-la Kelsang Dekyong will grant the empowerment of the Wisdom Buddha Je Tsongkhapa. She will also explain how to develop and improve our faith in our Spiritual Guide seen as one with Je Tsongkhapa, and on the practice of *Migtsema*, the special mantra and prayer of praise and request to Je Tsongkhapa.

This prayer is very blessed because it was originally spoken by Buddha Manjushri, and comes from Manjushri's *Emanation Scripture*, which he transmitted directly to Je Tsongkhapa. Many of Je Tsongkhapa's followers attained very high realizations through the practice of *Migtsema* combined with the Guru yoga of Je Tsongkhapa. The *Migtsema* practice is the best method for increasing our faith in Je Tsongkhapa and his teachings, and if we practise Je Tsongkhapa's teachings sincerely with faith, we can attain enlightenment quickly and easily.

at KMC Spain kadampafestivals.org/fall



VENERABLE GESHE KELSANG GYATSO RINPOCHE
50 YEARS
OF SUPREME KINDNESS

NKT-IKBU INTERNATIONAL

Spring Festival 2027

May 28
- June 2



The Power of a Compassionate Heart

Buddha Avalokiteshvara Empowerment and teachings on developing bodhichitta,
based on *The Mirror of Dharma with Additions* with Gen-la Kelsang Sangden



In his book *The Mirror of Dharma with Additions*, Venerable Geshe Kelsang Gyatso gives a commentary to several verses of Je Tsongkhapa's *The Three Principal Aspects of the Path to Enlightenment*.

the supreme good heart of bodhichitta. Through developing this precious mind, we become a Son or Daughter of Buddha, fulfil the real meaning of our human life, and are able to bring immeasurable benefit to all living beings.

This reveals a powerful practice of five stages of contemplation and meditation that guide us in developing the highest level of compassion,



at Manjushri KMC, UK
kadampafestivals.org/spring

VENERABLE GESHE KELSANG GYATSO RINPOCHE

50 YEARS
OF SUPREME KINDNESS



NKT-IKBU
INTERNATIONAL



Summer Festival 2027

July 23 - August 7

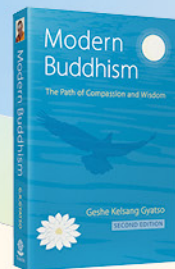
Revealing the Union of
Sutra and Tantra

Buddha Shakyamuni Empowerment and teachings on
the Union of Sutra and Tantra, based on *Modern Buddhism*.



WEEK 1 Teachings on Sutra
with Gen-la Kelsang Dekyong

WEEK 2 Teachings on Tantra
with Gen-la Kelsang Jampa



The teachings during Week 1, based on Part 1 of *Modern Buddhism* - Venerable Geshe Kelsang's special presentation of Buddha's teachings on compassion and wisdom - will emphasize the Sutra teachings that focus in particular on finding deeper meaning in our lives and improving our relationships with others.

The teachings during Week 2, based on Part 2 of *Modern Buddhism*, will emphasize the generation stage and completion stage practices of Highest Yoga Tantra, and show how we can apply these profound Tantric teachings of Buddha to transform every moment of our lives into powerful methods for attaining lasting peace and happiness.



'Practising Sutra teachings is the basic foundation for practising Tantric teachings, and the practice of Tantra is the quick method to fulfil the ultimate goal of Sutra teachings.'

Venerable Geshe Kelsang Gyatso Rinpoche *Modern Buddhism*



at Manjushri KMC, UK
kadampafestivals.org/Summer

VENERABLE GESHE KELSANG GYATSO RINPOCHE

50 YEARS
OF SUPREME KINDNESS

NKT-IKBU
INTERNATIONAL

Fall Festival 2027

October 8-14

The Wisdom of Love

Buddha Manjushri Empowerment and teachings on the holy secret of exchanging self with others from *Meaningful to Behold* with Gen-la Kelsang Jampa



After granting the blessing empowerment of Wisdom Buddha Manjushri, Gen-la Jampa will explain the practice of exchanging self with others, a profound training in cherishing love, based on *Meaningful to Behold*. By developing the sublime attitude that regards others as supremely precious, we become a great being, a Bodhisattva, and finally a Buddha.

This practice belongs to the special wisdom lineage that came from Buddha Shakyamuni.

Through the great kindness of the Founder and Spiritual Guide of the NKT, Venerable Geshe Kelsang Gyatso, we can now practise this blessed instruction.



at KMC New York
kadampafestivals.org/fall



INTERNATIONAL TEMPLES PROJECT



The International Temples Project (ITP) is an international fund dedicated to public benefit.

It was founded by Venerable Geshe Kelsang Gyatso Rinpoche with the aim to introduce the Buddhist faith and practice of the NKT publicly, and to exemplify Buddhist practice through public service – showing how individuals and society benefit through the practice of Buddhism in modern, daily life.

Constantly adapting to meet the needs of modern society, the International Temples Project presently achieves its aim through creating traditional and non-traditional World Peace Temples, Kadampa Meditation Centres and International Retreat Centres, and through the activities of World Peace Cafés and Tharpa Publications.

Find out more at kadampa.org/itp

On November 7 2026, International Temples Day, Kadampa Centres worldwide celebrate the ITP.

KADAMPA TEMPLES AROUND THE WORLD

In development now: The Seventh Kadampa Temple for World Peace, KMC France, Saint-Mars-d'Outillé kadampafrance.org



Venerable Geshe-la established a project for the building of Kadampa Temples for World Peace throughout the world. These Temples are special, holy places that benefit everyone who visits them.

They also bring together the Kadampa spiritual family for International and National Festivals which serve to maintain the International Kadampa Buddhist Union from generation to generation.



THE FIRST KADAMPA TEMPLE FOR WORLD PEACE

Manjushri KMC
Ulverston, Cumbria, UK
manjushri.org



THE SECOND KADAMPA TEMPLE FOR WORLD PEACE

KMC New York
Glen Spey, USA
kadampanewyork.org



THE THIRD KADAMPA TEMPLE FOR WORLD PEACE

KMC Brazil
Cabreúva, São Paulo
budismokadampa.org.br



THE FOURTH KADAMPA TEMPLE FOR WORLD PEACE

KMC Deuachen
Sintra, Portugal
kadampa.pt



THE FIFTH KADAMPA TEMPLE FOR WORLD PEACE

IKRC Grand Canyon,
Williams, Arizona, USA
meditationinnorthernarizona.org



THE SIXTH KADAMPA TEMPLE FOR WORLD PEACE

KMC Spain
Alhaurín el Grande, Málaga
meditaenmalaga.org



VOLUNTEERING

In exchange for 5 days' volunteering, the centre offers 7 nights' dormitory accommodation, meals and free attendance at daily meditations and weekly classes during your stay. Volunteer visits are a perfect introduction to the experience of life in a modern Buddhist community, using your time to make a real contribution to peace in the world.



VISIT MANJUSHRI.ORG/VOLUNTEERING TO APPLY

HOME OF THE Kadampa Art Studio

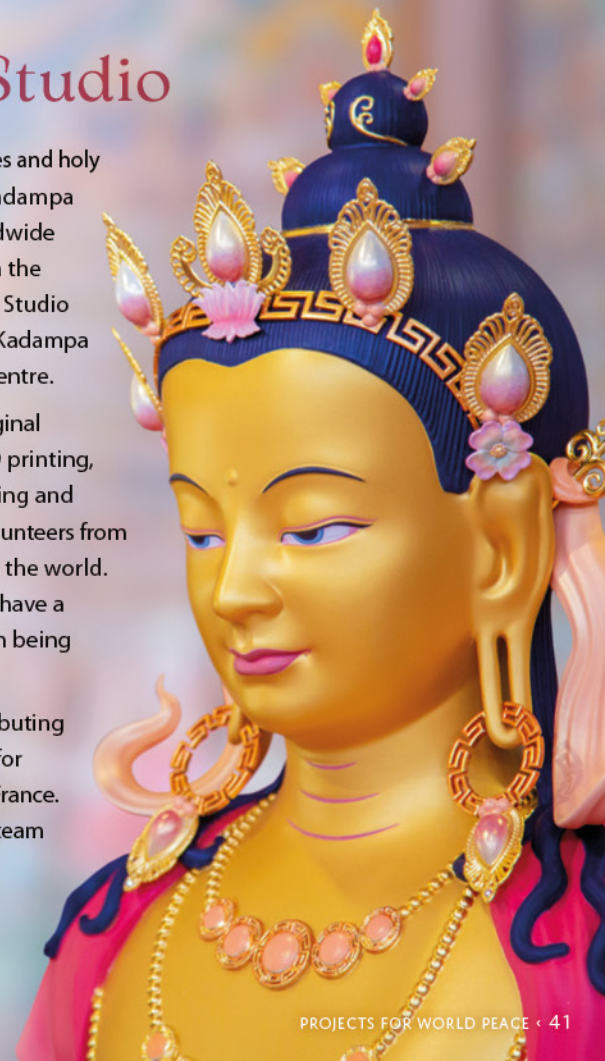


Buddha statues and holy objects for Kadampa Centres worldwide are created in the Kadampa Art Studio at Manjushri Kadampa Meditation Centre.

The work in the studio involves creating original sculptures using modelling software and 3D printing, making the moulds, casting, finishing, painting and gilding the statues. The studio workers are volunteers from the local area as well as people from all over the world. Many people who help in the studio do not have a background in art but develop skills through being part of this amazing and auspicious project.

This year, Art Studio volunteers will be contributing to the creation of the 7th Kadampa Temple for World Peace, currently under construction in France. You are warmly invited to join this dedicated team creating the Buddha statues and holy items that will adorn this precious Temple.

To help, please contact:
studio@kadampa.org



VISITING & STAYING AT THE CENTRE

ACCOMMODATION & MEALS

The centre offers simple accommodation and home-cooked, vegetarian food at reasonable rates. The staff, who are mostly volunteers, are committed to providing service to the public as an expression of their Buddhist faith. Single and twin rooms, with either ensuite or shared bathroom facilities, and dormitory rooms are available. Accommodation rates include a light breakfast; lunch and dinner can also be booked. All meals are vegetarian and are served in the centre's communal dining room.

ACCESSIBILITY

Accessible facilities are available: please enquire for details. Please inform us if you have restricted mobility as many rooms are on the upper floors, including one of the main meditation rooms.

RECEPTION

For reception office hours, please check the website. See your course booking confirmation letter for course reception times.

BECOMING A RESIDENT

Manjushri KMC is the mother centre of NKT-IKBU and home to a residential community of around 100 people from all walks of life who help to run the centre, as well as a number of international projects supporting the development of Temples for World Peace around the world.

If you are interested in becoming a resident, please contact the Administrative Director at director@manjushri.org.

BOOKING (PLEASE NOTE: contact details on back page)

All courses can be booked online at manjushri.org. For guest stays (*not attending a course*), or if you require advice or assistance with making a booking, please contact reception: 01229 584029 | info@manjushri.org

The courses are very popular and the centre has many visitors throughout the year, so please book as early as you can and at least 24 hours in advance. For accommodation, food and course prices please visit our website: manjushri.org.

THE YEAR AT A GLANCE

MONTH	DATE	EVENT	PAGE
Aug	28 - Sep 4	Summer Lamrim Retreat	29
Sep	13	Public Talk with Gen-la Kelsang Jampa – Peace is Possible	10
	19	Day Retreat – Finding the Balance	17
	25 - 27	Weekend Meditation Retreat – Learning to Relax	19
Oct	2 - 3	Mini Retreat Break	21
	9 - 15	International Fall Festival – Spain	32
	24	Day Retreat – Life as a Spiritual Journey	17
	30 - Nov 1	Weekend Meditation Retreat – Taming our Busy Mind	19
Nov	7	International Temples Day Event	37
	13 - 14	Mini Retreat Break	21
	20 - 26	Guru Yoga and Mandala Offering Retreat	29
	27 - 29	Weekend Course with Gen-la Kelsang Jampa – Clear and Joyful Meditation	14
	29 - Dec 1	Post Weekend Course Guided Retreat	14
Dec	11 - 12	Mini Retreat Break	21
	24 - 28	Christmas Course – A Heart Full of Peace with Gen Kelsang Tubchen	22
	31	New Year's Celebration – Cultivating the Inner Wealth of Compassion with Gen-la Kelsang Jampa	23
Jan	2 - 31	January Retreat with Gen-la Kelsang Jampa – Migtsema Prayer Close Retreat	25
Feb	7	Public Talk with Gen-la Kelsang Jampa – How to be Happy	10
	12 - 14	Amitayus Retreat	29
	19 - 25	Vajrasattva Retreat	29

MONTH	DATE	EVENT	PAGE
Feb cont.	26 - 28	Weekend Course with Gen-la Kelsang Jampa – The Great Middle Way, Emptiness	15
	28 - Mar 2	Post Weekend Course Guided Retreat	15
Mar	12 - 14	Weekend Meditation Retreat - Meditations for Healing Body & Mind	19
	20	Day Retreat – Accepting Change & Loss	17
	26 - 29	Easter Weekend Course with Gen Samten Kelsang – Break the Cycle of Suffering	26
Apr	3	NKT Day – Offering our Faith Day Retreat	28
	9 - 10	Mini Retreat Break	21
	13 - 15	Nyungnay Purifying Ritual Practice	29
	23 - 25	Weekend Meditation Retreat – Enjoying Inner Space	19
	30 - May 3	Family Weekend – How to Improve our Sharing	20
May	7 - 8	Mini Retreat Break	21
	15	Day Retreat – Becoming Calm & Confident	17
	28 - Jun 2	International Spring Festival	33
Jun	4	Venerable Geshe-la's Birthday – Offering our Faith Day Retreat	28
	11 - 13	Weekend Meditation Retreat – Love, Desire & Relationships	19
	18 - 24	Guru Yoga and Mandala Offering Retreat	29
	19	Day Retreat – Letting Go of Negative Emotions	17
Jul	23 - Aug 7	International Summer Festival	35
Aug	27 - 30	Summer Retreat – Freedom Within: Discover Lasting Peace through Meditation	20

'Just being here makes me happy.'

visitor



manjushrikmc



@nktikbu



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Temple, Shop & Café open daily 11 AM - 5 PM
(except at Festival times: please see website).
Grounds open 9am till 6pm.

Book courses online at **manjushri.org**

Manjushri KMC, Conishead Priory,
Priory Road, Ulverston, Cumbria, LA12 9QQ
email: info@manjushri.org
tel: +44 (0)1229 584029



MKMC is part of the New Kadampa Tradition – International Kadampa Buddhist Union. Registered Charity Number: 1015054